The Fetal Institute provides patients with the latest and most advanced resources in the field of Maternal-Fetal Medicine and Fetal Therapy.

This includes high-resolution ultrasound imaging, non-invasive serum screening and prenatal testing (NIPT), as well as comprehensive invasive prenatal diagnostic and therapeutic techniques.

Fundamental to the philosophy of the Institute, all diagnostic and therapeutic options are performed using either a non-invasive or a minimally invasive approach, which results in better pregnancy outcomes.

Founded by Dr. Ruben Quintero and Dr. Eftichia Kontopoulos, The Fetal Institute serves as a resource to all Obstetricians and Maternal-Fetal Medicine specialists.

The Fetal Institute is a national and international referral center for the assessment and management of complicated pregnancies.

Our center serves as a resource to Obstetricians and other Maternal-Fetal Medicine specialists faced with complicated pregnancies.

Using state-of-the-art technology and based on extensive experience, our center can provide counseling, consulting and management for complicated pregnancies, whether the mother, the fetus(es) or both have a particular high-risk condition.

Our specialized treatments aim to maximize the likelihood of a healthy outcome for both the mother and the baby.

Dr. Ruben Quintero
Dr. Eftichia Kontopoulos
Our office is located in the Merrick Pointe building in Coral Gables. We are easily accessible by car or public transportation and only 20 minutes from Miami International Airport. Complementary parking is also available.

The Fetal Institute is a national and international referral center that provides first class, personalized service for our patients. Our office staff is fluent in English, Spanish, Haitian, Greek and German. Concierge services can be arranged for our out-of-town patients. Hotel accommodations and private transportation can be arranged ahead of time upon request.

Telemedicine; Prior to traveling to Miami, telemmedicine services can be arranged. These services include review of your medical history, referring diagnosis and ultrasound images, medical recommendations and the opportunity to answer questions that you may have.

Multiple gestations (twins, triplets and higher order) represent approximately 3.4% of all births in the United States. Compared to singletons, these pregnancies are at a higher risk of preterm delivery and low birth weight. In addition, they may develop specific complications depending on whether the fetuses share a common placenta (monochorionic) or not (dichorionic, trichorionic) and on the number of fetal sacs. Because some of the complications of twins and triplets are associated with whether the fetuses share a common placenta or not, the diagnosis of the type of twin pregnancy (monochorionic - one shared placenta) (dichorionic – separate placentas, not shared) is essential. In addition, the diagnosis of the number of fetal sacs is also very important, particularly to rule out the presence of two or more fetuses within the same sac.

At The Fetal Institute, we offer a wide range of diagnostic and therapeutic options, including:

- High-risk consultation, including pre-conceptional counseling
- Patient co-management
- Telemedicine
- High-resolution ultrasound, including 3-D, Color and Pulsed Doppler
- Fetal echocardiogram
- Non-invasive prenatal testing (NIPT)
- Chorionic villus sampling

- Amniocentesis
- Amnioinfusion
- Cordocentesis
- Vesicocentesis
- Thoracocentesis
- Diagnostic fetoscopy
- Fetal cystoscopy